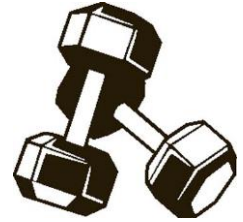


2023 TAFOLLA ACE PROGRAM



BOYS



<-----Register Here

Week 1: June 5 - 9 (Monday - Friday) 9:00 AM - 12:00 PM

Week 2: June 12 - 16 (Monday - Friday) 9:00 AM - 12:00 PM

Week 3: June 19 - 23 (Monday - Friday) 9:00 AM - 12:00 PM

Week 4: June 26 - June 30 (Monday - Friday) 9:00 AM - 12:00 PM

Week 5: July 10 - 14 (Monday - Friday) 9:00 AM - 12:00 PM

Week 6: July 17 - 21 (Monday - Friday) 9:00 AM - 12:00 PM

Week 7: July 24 - 28 (Monday - Friday) 9:00 AM - 12:00 PM

Week 8: July 31 - Aug. 4 (Monday - Friday) 9:00 AM - 12:00 PM

- Location: Tafolla Weight Room/Field
 - Cost: Free
- Incoming 7th and 8th Grade Athletes

Contact Coach Benavides for additional information: ibenavides@saisd.net

2023 LADY TORO ACE SUMMER STRENGTH & CONDITIONING PROGRAM



All sessions 3:00-5:00 PM

Location: Practice Gym

Week 1: June 5 – 8 (Monday – Thursday)

Week 2: June 12 – July 15 (Monday - Thursday)

Week 3: June 20 – June 22 (Monday - Thursday)

Week 4: June 26- June 29 (Monday – Thursday)

Week 5: July 10 – July 13 (Monday – Thursday)

Week 6: July 17 – July 20 (Monday – Thursday)

Week 7: July 24 – July 27 (Monday – Thursday)

Black shorts, red t-shirt, athletic shoes, water bottle, and hair tie required. No Jewelry.

Student must have a current physical on file and online athletic paperwork completed.

Contact Coach Gonzalez for additional information: ggonzalez2@saisd.net